

**Working together in wellness
for accessible health care.**

Directory of Health Care Services

for residents of

- ◆ **Creighton**
- ◆ **Denare Beach**
- ◆ **Flin Flon, SK**



Addictions Services

Addictions prevention and intervention services for adults and youth are provided by the CADAC Out-Patient Centre located at 430 Main Street, Creighton. Phone: **306-688-8291**

Services in Flin Flon

Physician Services

Appointments with a doctor can be made at the Medical Clinic in Flin Flon at **204-687-6130**, or by calling a physician in private practice.

Diagnostic Services

Laboratory tests, ultrasound or x-rays requested by a doctor are available at the Flin Flon General Hospital. For specialized services, patients may be referred elsewhere.

Hospital/Emergency

Saskatchewan residents may be admitted to the Flin Flon General Hospital and have access to the Emergency Department.

Ambulance Service

In an emergency, residents should call **911**. There is a fee for the service provided by Flin Flon Ambulance; residents may want to consider insurance.

Long Term Care

Eligibility of Saskatchewan residents for the Northern Lights Manor and the Personal Care Home in Flin Flon is determined by an assessment. Call Creighton Home Care at **306-688-8631**.

Medical Transportation

Please note, the following does not apply to First Nations residents with treaty status. Treaty individuals should check with their local band transportation clerk for medical transportation procedures.

For clients eligible for Supplementary Health Program Benefits

Medical transportation costs are paid for those individuals eligible for Supplementary Health Program benefits through Social Services. This enables those eligible to access the following types of medically required health services not available in their home community: referred appointments with physicians, specialists, dentists and opticians for diagnostic tests; medical treatments; hospital admissions; day surgery; and treatment for substance abuse and problem gambling. Call **306-688-8620**.

For emergency trips

Through the Northern Medevac Program, Saskatchewan Health will pay for medical emergency trips out of the North for Saskatchewan residents. They must be approved by a doctor or nurse and might be arranged by air, road ambulance or taxi. However, individuals are responsible for the return trip even if medical personnel order an ambulance to bring them home.

Where individuals are covered by special programs or private insurance, compensation will be provided by the respective plans.

Contact us

Creighton Community Health Services

Provincial Building
298 - 1st Street East
Creighton, SK

Box 219
Creighton, SK
S0P 0A0

Phone: **306-688-8620**
Fax: **306-688-8629**

Hours of operation: 8:00 a.m. to 5:00 p.m., Monday to Friday, except statutory holidays.
Closed between 12:00 noon and 1:00 p.m.

Quality of Care

We want to hear from you - your comments, concerns, compliments and complaints.

If you have a concern regarding the service you received, please speak to the health care provider or the person in charge. If you are unable to resolve your concern, the Quality of Care Coordinator may be able to help. Call **1-866-431-2422**.



Together in Wellness

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How services are provided

Residents of northeastern Saskatchewan are served as part of the Mamawetan Churchill River Health Region, governed by a Regional Health Authority comprised of appointed Board members.

An office in Creighton is the base for the delivery of home care, public health, diabetes education, mental health and dental services. Other services, such as health promotion, community therapies, and environmental health, including public health inspections, are delivered by staff based in La Ronge. The region also provides funding for the addictions prevention and intervention services of the CADAC Out-Patient Centre (Creighton Alcohol and Drug Abuse Council).

Physician, Diagnostics, Emergency, Hospital, Ambulance & Long Term Care

Because of its unique geographic location, the Government of Saskatchewan has a funding agreement with the Government of Manitoba to provide residents of northeastern Saskatchewan with specific services through the facilities in Flin Flon, Manitoba. More information can be found in this pamphlet.

Community Advisory Network

The Creighton/Flin Flon/Denare Beach Community Advisory Network consists of volunteers who assist the Regional Health Authority to understand the needs and priorities of the community.

Home Care

Home Care is a community based service which assists clients to stay in their own homes and communities, allowing them to maintain dignity and independence while enhancing the quality of their lives.

Home care services include:

- ◆ personal care
- ◆ nursing
- ◆ wound care
- ◆ foot care
- ◆ home oxygen support
- ◆ homemaking
- ◆ meals on wheels
- ◆ equipment rental program
- ◆ meal preparation
- ◆ respite care
- ◆ palliative care

Services are provided based on assessed needs. Fees are required for some services.

Wellness Clinics are held at the Heritage Manor in Creighton and the New Horizons Building in Denare Beach.

Contact the Creighton Home Care Manager at **306-688-8630** for more information or an assessment.

Public Health

Immunizations

Public Health Nurses offer a variety of immunization services including: child health clinics; school health immunizations; influenza vaccination clinics; and adult immunizations.

Prenatal and Postnatal Care

Public Health Nurses offer one-on-one prenatal counselling and referrals, as appropriate. All postpartum clients are followed up upon discharge from hospital. Visits include weighing the baby, education, support, and referral where necessary.

Public Health Nurses also do **communicable disease follow-up**. Confidential phone number: **306-688-8625 or 306-688-8622**

Health Promotion & Community Therapies

Staff in La Ronge travel throughout the region to provide Speech & Language, Autism Spectrum Disorder, Tobacco Reduction, Sexual Wellness and Dietitian Services. Phone: **306-425-4800**

Diabetes Education

A Diabetes Nurse Educator provides individual and group education to help manage diabetes and prevent or delay complications, and offers ongoing follow-up as needed. Phone: **306-688-8624**

Dental Program

The Children's Dental Program delivers dental health education and prevention, diagnostic and limited restorative dental services for all preschoolers and children attending provincial schools up to age 16. The main focus of the Dental Program is on prevention activities such as the school fluoride mouth rinse programs, preschool screening and fluoride varnish programs, as well as sealants for permanent molars. Individual dental care is performed by a registered Dental Therapist and Certified Dental Assistant at the Dental Clinic located at Creighton Community School.

Phone: **306-688-8628**

Mental Health

A social worker provides education, support and/or counselling to individuals, families, and groups, as well as advocacy and crisis intervention services for those experiencing issues with mental well being. Phone: **306-688-8620**

Population Health

The Population Health Unit located in La Ronge provides nutritionist services as well as various public health functions including disease prevention, surveillance and monitoring. The Medical Health Officer plays an active role in the Flin Flon Soils Study. The **public health inspector** for the northeastern district may be reached by calling **306-425-8512**.