

Useful numbers

Ambulance: 911 or, if calling from a satellite phone: 306-953-9804

HealthLine: 811

Poison Centre: 1-866-454-1212

Saskatchewan Drug Information Line:
1-800-665-DRUG (3784)

La Ronge Pharmacies:

Harbour Pharmacy: 306-425-5566

La Ronge Drug Store: 306-425-2252

Flin Flon Pharmacies:

Pharmasave: 204-687-4429

Walmart Pharmacy: 204-687-7188

Clinics/Health Centres by Community:

Deschambault Lake Health Centre:
306-632-2106

Flin Flon General Hospital: 204-687-7591

Flin Flon (Northern RHA Medical Clinic):
204-687-6130

La Ronge Health Centre: 306-425-2422

La Ronge Medical Clinic: 306-425-2174

Montreal Lake Health Centre (William
Charles Health Centre): 306-663-5995

Pelican Narrows (Angelique Canada Health
Centre): 306-632-2046

Pinehouse Health Centre: 306-884-5670

Sandy Bay Health Centre: 306-754-5400

Southend (Arthur Morin Memorial Health
Center): 306-758-2063

Stanley Mission Health Centre:
306-635-2090

Wollaston Lake (Hatchet Lake Health
Centre): 306-633-2167

Our region

The Mamawetan Churchill River Health Region covers approximately 25% of Saskatchewan. Primary health care services are provided by the region in La Ronge, Sandy Bay and Pinehouse. In the Weyakwin area, please go to La Ronge or Prince Albert. In the Creighton area, please access services in Flin Flon, Manitoba.



In other communities, services are provided by First Nations health providers. Please refer to the list of useful numbers.

Contact us



For general information:

306-425-2422

information@mcrhra.sk.ca

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for accessible health care.*



Health Care for Visitors to Canada



Welcome!

Welcome to Northern Saskatchewan! We hope you enjoy your experience here. Take advantage of the natural beauty and local hospitality. We also encourage you to be safe in all your activities.

If you need medical assistance while you are here, there are a few things you should know about how to access services and what charges apply if you do not have health coverage from any province in Canada. You will be billed directly for any fees. **All rates quoted here are in Canadian dollars and are current as of April 1, 2013.**

If you have medical insurance, it is your responsibility to seek reimbursement from your insurer. Please keep all related documentation.

For information or advice

If you would like general health information, you can go to: www.healthlineonline.ca



Call 811 if you would like to speak to a health care provider - 24-hours a day. A translation service is available if English is not your first language. There is no charge for this service.

In an emergency

If you need emergency assistance, call **911**. From a satellite phone, you must dial **306-953-9804** to reach the 911 dispatch.

If a road ambulance is dispatched to get you, you will be charged at the following rates: Basic charge: \$360, plus \$3.05 per kilometre. If the ambulance is required to wait more than half an hour at the destination, a wait-time charge of \$100 per hour, or portion thereof, will apply.

If you are not easily accessible by road, an aircraft may be dispatched. The cost will depend on the type of aircraft and distance travelled.

Clinics

The **La Ronge** Medical Clinic, operated by Northern Medical Services, is located at 809 La Ronge Avenue and the hours are 9:00 a.m. to noon and 1:00 to 5:00 p.m., Monday to Friday, except statutory holidays. To make an appointment with a doctor, call 306-425-2174. The basic fee is \$40, with varying fees for complex procedures.

In **Pinehouse** (306-884-5670) and **Sandy Bay** (306-754-5400), if you are seen by a visiting physician, the charge is also \$40. If you are seen by a primary care nurse, the fee is being waived at the present time.

If you are in the **Creighton** area, you may access clinic services at the Northern RHA Medical Clinic at the Flin Flon General Hospital. The province of Manitoba has its own fees. Please enquire for rates.

La Ronge Health Centre

The La Ronge Health Centre is located at 227 Backlund Street, La Ronge, and offers a number of services.

Emergency department

A 24-hour Emergency department is located on the lower level of the La Ronge Health Centre. For any medical attention received as an outpatient, the standard fee is \$861. This includes any required lab or diagnostic services. In addition, the standard fee for the physician is \$100, however, complex procedures will involve additional fees.

Laboratory & diagnostic

If you require blood work, an x-ray or an ultrasound provided at the La Ronge Health Centre (lower level), the standard fee is \$429.

Hospital stays

If you are admitted to the La Ronge Health Centre, the standard fee is \$2955 for each day on the ward. In addition, there is a \$100 a day charge for the attending physician.

If it becomes necessary to transfer you to another centre for care that is not available in La Ronge, charges will vary depending on the type of receiving facility. If you are transferred by road or air ambulance, please refer to the "In an emergency" information in the pamphlet.